



CAREER & TECHNICAL EDUCATION

Instructors:

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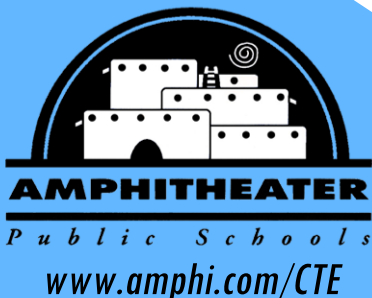
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Offered at:



Leads into the following
College Majors:

- Athletic Training
- Kinesiology
- Pre-medicine
- Nursing
- Exercise Science
- Physical Therapy
- Occupational Therapy



Sports Medicine and Rehabilitation



In this course, students:

- Build a foundation for allied health care professions focusing on musculoskeletal injuries, anatomy, first-aid, and CPR training.
- Identify emergency situations and treatments.
- Use taping techniques and hands-on learning to prevent, evaluate, treat, and rehabilitate sports-related injuries.
- Work side-by-side with allied health care professionals in an internship setting.
- Compete in HOSA.

Industry Certifications:

- OSHA 10 (healthcare)
- First Aid/CPR
- Emergency Medical Response

Possible Career Pathways:

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|----------------------|---------------------------|--------------------------|
| - EMT/Paramedic | - Medical Assistant | - Massage Therapist |
| - Personal Training | - Physician Assistant | - Physical Therapist |
| - Fitness Instructor | - Patient Care Specialist | - Occupational Therapist |

"The instructors and curriculum have encouraged me to explore my own potential, which was vital to my development as an individual and I attribute it to much of my success today."

~ Alejandra Huerta, Canyon del Oro Graduate